WELCOME!

You are now part of one of the world's most exciting sports events. The Rio 2016 Paralympic Games Spectator Guide brings tips and important information to enable you to make the most of this great party. Enjoy your reading!



Football 5-a-mide

GOLDEN TIPS

What you need to know to enjoy every single moment of the Rio 2016 Games

- Before leaving, check out the latest information about the Games on rio2016.com
- Do not forget your tickets and check the date, time and place of competitions on the website before leaving. Get more tickets on rio2016.com/en/tickets
- Check the weather forecast and prepare yourself accordingly
- Use public transport. It is not possible to park at the competition venues and their surroundings
- Plan your trip. Transport systems and competition venues will be crowded. It can take you a while to go back and forth!
- Arrive early: this venue opens one and a half hour before the competition gets underway. If the session has already started, you may have to wait for a break to enter. Check out this information at rio2016.com/en/venues
- You will go through a security check with X-ray equipment. Forbidden or restricted items will be collected and not returned. Check the complete list on rio2016.com/en/venues

- Avoid carrying bags to speed up your entrance. If necessary, choose the smaller ones that you can put on your lap or under the seat
- Identify children and other special cases with bracelets made available at the public information desks
- Look for the Rio 2016 team members wearing green - they are there to help you!
- It is forbidden to smoke at the competition **venues.** There are designated smoking areas. Get more information with the volunteers or at the public information desks
- This Guide has a map with the services available at the venues
- Within Rio 2016 venues, payments can only be made in cash or Visa debit, credit or pre-paid cards
- Download the official app on rio2016.com/en/app and stay tuned to everything that happens during the Games
- Bring your energy and support. Let's make it an unforgettable party!

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LEARN MORE ABOUT RIO

Nature, culture and gastronomy are permanent attractions in the city, which has been welcoming more and more tourists with open arms. The Olympic City is ready to welcome visitors arriving for the Rio 2016 Games and is preparing an amazing programme for the Live Sites installed at strategic locations in the city, where you can watch the Games broadcast and enjoy a vast cultural programme.

Go to the visit.rio portal and discover the wonders of Rio de Janeiro.

SUSTAINABILITY

Do your part and dispose of your rubbish appropriately. Use the coloured recycling collectors provided: they benefit recycling cooperatives, generating social inclusion and new businesses.

ACCESSIBILITY

Individuals with an impairment or reduced mobility, such as obese people, senior citizens, pregnant and breastfeeding women and people with small children are entitled to preferential service when accessing venues and on services offered to Games' spectators. Exclusive services intended for this audience are also available at all venues. Get more information with the volunteers or at the public information desks.

FORMS OF PAYMENT

VISA In recognition of its long-standing support to the Paralympic Games, only Visa cards (debit, credit or prepaid) and cash are accepted for purchases at Rio 2016 venues.

CONTACT US

An open channel to listen to you. Call centre: + 55 (21) 3004-2016* rio2016.com/en/contact

*Price of a local call if calling from Brazil.
Price of a call to Rio de Janeiro if calling from overseas.

UNDERSTANDING THE SPORT

Rio2016,

HOW IT ALL BEGAN

Traditional football was first adapted for the visually impaired in Brazil in the 1960s. In a game called "goal to goal," visually impaired students would kick a plastic bottle with little pebbles in it. The bottle was later substituted for a plastic ball wrapped in a plastic bag, until the current ball, which has rattles in it, was created in Brazil in the 1980s. The sport debuted at the Paralympic Games at Athens 2004. Six teams took part back then, but the tournament was expanded at London 2012, with the addition of two more teams.

ABOUT THE COMPETITION

Verbal instructions are allowed, but only by three people: guides, goalkeepers – the only sighted players on the team – and coaches. The guides are positioned behind the opponent's goal, shouting the moves and the direction to the goal. In dead-ball situations, the guide will hit the goal posts with a metal object to signal the direction of the goal. The goalkeeper guides the team's defence, while the coach stands in the central part of the pitch.

It is important to respect the corresponding thirds of the pitch for guidance, and officials supervise sound limits. Where the ball is during the game guides players: if it is on the offensive side, the guide will direct the game, and so on. The game is divided into two 25-minute halves.

Although players are considered blind (up to five percent vision in the better eye), some can perceive shapes. Therefore, all athletes must wear eye-shades, which opponents cannot touch. If this happens, the referee will pause the game and reposition the eye pad and shades. After

committing five fouls, the athlete will be sent off and substituted. There are no sidelines, but low side walls measuring 1.2m in height instead.

DID YOU KNOW?

The current three-time champion (Athens 2004, Beijing 2008 and London 2012) of this sport, Brazil beat Republic of Korea in the first football 5-a-side match in the history of the Paralympic Games, at Athens 2004.

WHILE YOU WATCH

Keep absolutely silent - so athletes can hear the instructions of their coaches, goalkeepers and guides, and, above all, the rattles in the ball. Exceptions are half-time and when a goal is scored, of course!



PROGRAMME*

SEPT	EMBER		SESSIONS	
07	WED			
08	THU			
09	FRI	09:00 12:00	16:00 17:00	20:00 21:00
10	SAT			
11	SUN	09:00 12:00	16:00 17:00	20:00 21:00
12	MON			
13	TUE	09:00 12:00	16:00 17:00	20:00 21:00
14	WED			
15	THU	09:00 12:00	16:00 17:00	20:00 21:00
16	FRI			
17	SAT		14:00 15:00	5 17:00 18:30
18	SUN			

 $^{^{\}ast}$ Information subject to change without prior notice.

Sessions with victory ceremonies are in bold.

EVENTS

M	Men's tournament
80 athle	tes





PLANNING YOUR TRIP

Rio2016

ARRIVING AT THE PARK

Olympic Tennis Centre is located at Barra Olympic Park, considered the heart of the Games, which will become a sporting benchmark for the country bringing together cutting-edge competition venues. Check out how to get there:

BRT - JD. OCEÂNICO X CENTRO OLÍMPICO > CENTRO OLÍMPICO TERMINAL/MORRO DO OUTEIRO 11min walk/800m

BRT - RECREIO X VILA MILITAR > MORRO DO OUTEIRO STATION 11min walk/800m

BRT - MADUREIRA X ALVORADA PARADOR/ EXPRESSO > RIO 2 STATION BRT - FUNDÃO X ALVORADA EXPRESSO > RIO 2 STATION 11min walk/800m

Accessible station - Centro Olímpico Terminal, Morro do Outeiro and Rio 2 stations are accessible. From Centro Olímpico station there is an accessible auxiliary shuttle service available for the convenience of people in wheelchairs or with reduced mobility. Learn more about public transport accessibility during the Games at visit.rio.

ATTENTION!

- Make sure you check the competition schedule and public transport stations
- Buy in advance the Cartão dos Jogos (transport card). Some stations are only available for transport card and ticket holders
- Learn more about Cartão dos Jogos and public transport at visit.rio
- Check the venue entry locations and pay attention to the signs at the stations
- After the competition, check the venue exits and public transport access signs
- Walking times are estimated based on the average speed of 1.2m/s

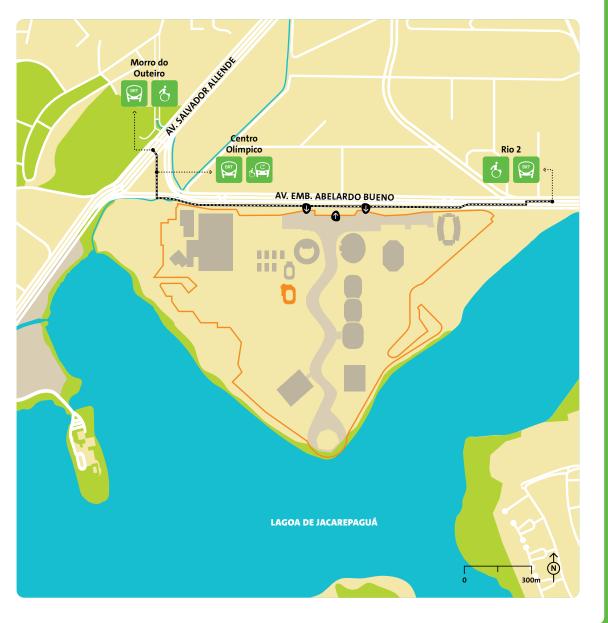


---- Spectator way









DISCOVERING THE VENUE













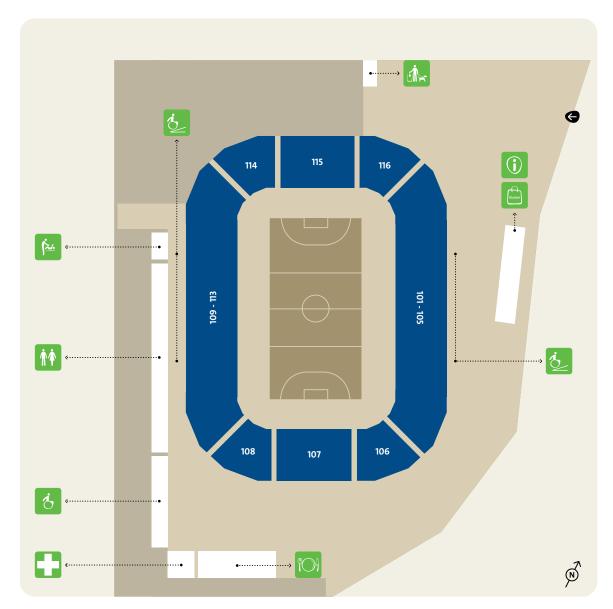
Accessible toilet

Baby changing

Dog relief area

Food and beverage

Rio 2016 Store





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